## INDIGENOUS KNOWLEDGE MOBILIZATION SERIES INDIGENOUS PERSPECTIVES ON MENTAL HEALTH AND WELLBEING

CREDENTIAL: Certificate of Participation COURSE LENGTH: 1 Day, 9:00am to 4:30pm daily FACILITATION DATE: April 17, 2024 REGISTRATION DEADLINE: April 12, 2024 INSTRUCTOR: Albert Doxtator DELIVERY: In-person at Kenjgewin Teg, 374 Hwy 551, M'Chigeeng REGISTRATION FEE: \$150 per course

**INDIGENOUS KNOWLEDGE:** Indigenous Perspectives on Mental Health and Wellbeing

### Description:

This full-day course will enhance learning on the importance of self care, exploring the healing journey and taking care of the inner child through healing work. By exploring Indigenous perspectives to gain a deeper understanding of overall personal wellness, this course equips social workers with knowledge on teachings and practices through discussion.

**OTHER INFORMATION**: Participants will receive a certificate of participation to add to their personal lifelong learning bundle.





### **INSTRUCTOR: Albert Doxtator**

Albert- Lutala<sup>k</sup>wat (He Wears It On His Head) is of the Turtle Clan Family of the Onyataka People Of The Standing Stone located 25 minutes southwest of London, Ont. He is a Descendant of Hereditary Chiefs and Title holders in the Longhouse system of which he follows as a way of life and understanding of original instructions and responsibilities.

His Path has given him the opportunity to experience such things as Unconditional Love, Unsheltered Homelessness, Family, Abuses of all natures, Faith, Addictions, and a willingness to give back and share with the youth the importance of resilience, determination and integrity. He is a Brother, Son, Best Friend, Coach, Father, Grandfather, World Champion, Uncle, Sundancer and Faith Keeper of Ceremonies and lifelong learner.

## **SCAN TO REGISTER**

# ease Contact



## For More Information, Please Contact KaylaKay@kenjgewinteg.ca 705-370-4342 ext.252

Every attempt is made to ensure the accuracy of the information provided in this fact sheet. Kenjgewin Teg and its partners reserve the right to modify any course, program, curriculum, fee, timetable or location at any time. As a community-based delivery program with its partner, this program offering is subject to approved funding and sufficient enrolment.

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