KENJGEWIN TEG

NUT ALLERGY AWARE ENVIRONMENT POLICY

	Corporate Services	
Policy Search Name	C – Nut Allergy Aware Environment Policy	
*Anishinabek Standard		
Place of Learning	<i>E. Facilities that are compatible with the Anishinabek environment in which they are situated.</i>	
Educators	N/A	
Students	N/A	
Curriculum	N/A	
Approval Date & Board Motion Number	7/27/2023 Motion # 073-2023	
Effective Date	7/27/2023	
Previous Versions	Date initially approved: 8/21/2012 Date of last revision: 7/12/2023	

*These are organizationally adapted standards from the World Indigenous Nations Higher Education Consortium (WINHEC) and the Alaska Comprehensive Centre/Alaska Native Education approved by the Kenjgewin Teg Board of Directors, 2015.

1.0 Background and Purpose

1.1 In recognition of the consequences related to a nut exposure to employees, learners, family members, visitors, and guests with nut allergies, Kenjgewin Teg will ensure due diligence with respect to making every effort to provide a nut aware environment onsite at Kenjgewin Teg and at events hosted by the organization.

Kenjgewin Teg recognizes the health and safety hazard of nut allergies and will promote a safe learning and working environment.

2.0 Definitions

N/A

3.0 Application

3.1 This policy applies to all employees and learners of Kenjgewin Teg.

3.2 This policy applies to all postsecondary instructors who are assigned to teach a postsecondary course(s) delivered solely by Kenjgewin Teg and/or together with a postsecondary partner of Kenjgewin Teg.



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4.0 Policy

Policy Objective

4.1 While Kenjgewin Teg cannot guarantee a nut-free environment within any of its the facilities, Kenjgewin Teg will continue to provide awareness of nut allergies and signs/symptoms of anaphylaxis to promote and support the well-being of all learners and employees in the learning and working environment.

Working and Learning Environment Practices

4.2 Kenjgewin Teg cannot guarantee the elimination of any tree nut and/or peanut content in foods brought into the facilities or campus locations, but employees, instructors, and learners will be reminded of the safety concerns with nut allergies.

4.3 Inclusion of everyone within the working and learning environment to bring awareness and support of this policy.

Working and Learning Environment Guidelines

4.4 Understanding and support in providing a safe facility for anyone with nut allergies is appreciated as Kenjgewin Teg aims to provide a safe learning environment for all by providing information to support the understanding of anaphylaxis.

4.5 Providing written notice to employees and learners when prepared food items or products are brought into the facilities as well as when foods are prepared internally to share or serve at Kenjgewin Teg. The notices will clearly state when nut ingredients are used for preparation of a food item to be served.

Anaphylaxis

4.6 Anaphylaxis is the most severe form of allergic reaction. Allergic reactions are normally very quick, symptoms usually becoming apparent immediately after the person comes into contact with the allergen and can threaten the allergic person's life within minutes.

At present there is no cure for anaphylaxis and very few people with nut anaphylaxis will ever grow out of it. A tiny amount of the allergen, a trace amount, is enough to cause a reaction that will threaten the life of these allergic persons.

Causes of Anaphylaxis

4.7 For the purposes of this policy, one of the common triggers of anaphylaxis include:



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<u>Food</u>

Milk, eggs, peanuts, tree nuts, sesame, fish, crustaceans, and soy are the most common food triggers, which cause 90% of allergic reactions, however, any food can trigger anaphylaxis. It is important to understand that even trace amounts of food can cause a life-threatening reaction. Some extremely sensitive individuals can react to skin contact or even the smell of a food (e.g., fish).

Signs and Symptoms

4.8 The signs and symptoms of anaphylaxis may occur almost immediately after exposure or within the first 20 minutes after exposure. Rapid onset and development of potentially life-threatening symptoms are characteristic markers of anaphylaxis.

Allergic symptoms may initially appear mild or moderate but can progress rapidly. The most dangerous allergic reactions involve the respiratory system (breathing) and/or cardiovascular system (heart and blood pressure).

Common Symptoms

Mild to moderate allergic reaction

- Tingling of the mouth
- Hives, welts, or body redness
- Swelling of the face, lips, eyes
- Vomiting, abdominal pain

Severe allergic reaction- ANAPHYLAXIS

- Difficulty and/or noisy breathing
- Swelling of the tongue
- Swelling or tightness in the throat
- · Difficulty talking or hoarse voice
- Wheeze or persistent cough
- Loss of consciousness and/or collapse
- Pale and floppy (young children)

5.0 Roles and Responsibilities

5.1 The President is responsible for the overall management and operation of Kenjgewin Teg.

5.2 The Corporate Services unit is responsible for overall implementation of this policy.

5.3 If a position referred to in this policy is vacant, the policy will not be invalidated. Instead, the President shall designate the roles and responsibilities of that role to another team member(s) and will ensure that the Kenjgewin Teg staff and community is informed of the designation(s) as appropriate.

5.4 Employees and learners with an allergic reaction to nuts are to inform the Program Lead prior to employment or program commencement; the information shared/provided will play a key role in the development of an action/safety plan.

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6.0 Evaluation Date - 7/31/2025

6.1 This policy will be reviewed every two years as part of the Board of Director's policy review cycle and schedule. The evaluation date above represents the first date upon which this policy becomes eligible for review.

Related Legislation, Policies, Procedures, Guidelines and Documents	Nut Free Policy CPR Guidelines <u>CPR instruction site >> The</u> <u>Red Cross</u>
Policies Superseded by this Policy	Policies & Procedures Manual, Nut Free Policy 08/21/2012
The official version of this policy is housed a discrepancy between an online version and a shall prevail.	