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## **FETAL ALCOHOL SPECTRUM DISORDERS (FASD) CERTIFICATE PROGRAM**

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The Fetal Alcohol Spectrum Disorders Post-Graduate Full-Time Certificate Program is being offered beginning in September 2020 in an online format. This program is fully funded for tuition for 20 students. The funding was provided by the North East Aboriginal Partnership, FASD Program. This program is going to be delivered in partnership between Sault College and Kenjgewin Teg.

Enclosed with this package you will find the following:

- **Program Overview**
- **Where You'll Work**
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### **Tuition Payment**

This program is being fully funded for tuition and fees by the North East Aboriginal Partnership, FASD. Please note that students are responsible for their own textbooks.

**If you require more information or would like to discuss the program details, please contact:**

Carla Bumbaco, Continuing Education Services Officer

School of Continuing Education

705-759-2554, ext. 2658 or [Carla.bumbaco@saultcollege.ca](mailto:Carla.bumbaco@saultcollege.ca)

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**FETAL ALCOHOL SPECTRUM DISORDERS (FASD)  
CERTIFICATE PROGRAM**

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**PROGRAM OVERVIEW**

This Ontario College Graduate Certificate program provides professionals with specialized knowledge and skills in Fetal Alcohol Spectrum Disorder (FASD) and service delivery to individuals, families and groups at risk for, or living with, FASD. The Sault College program is delivered as a full-time program.

This initiative is designed for professionals to provide knowledge and skills to improve FASD services, to impact policy development and to understand the complex challenges facing families, individuals and communities at risk for, or living with, FASD. Effective prevention and intervention strategies, research and professionalism are emphasized so that services may be delivered in a respectful and culturally competent manner toward achieving balance and harmony in the context of holistic health and healing of all community members.

**WHERE YOU’LL WORK**

Graduates will find employment in a wide range of occupational fields providing service to individuals, families and communities. These fields include:

- Health services
- Social service agencies/social work
- Developmental services support
- Education
- Criminal justice; corrections; policing
- Infant, child and youth organizations
- Home care and respite services

**WHAT YOU NEED**

Ontario College Diploma, Ontario College Advanced Diploma, Private Career College Diploma (MTCU approved), Degree or equivalent.

**PROSPECTIVE STUDENTS**

In order to gain insight into the profession, we suggest that you visit an organization that delivers FASD services to individuals or their families to gain insight into the complexities of this profession. Please visit other individuals that work in this field to determine if this field is something that you would be interested in for your career!

## **PROGRAM OF STUDY and COURSE DESCRIPTIONS**

### **FASD101 – Overview of FASD (3 credits)**

This course introduces the student to the effects of prenatal alcohol exposure and the resulting disabilities known as Fetal Alcohol Spectrum Disorder (FASD). The unique complexity FASD presents to individuals, families, and communities is explored within the broader context of the impact of the disorder on social, educational, criminal, financial and health care systems.

### **FASD102 – Human Development (3 credits)**

#### **Prerequisites: FASD102**

This course integrates a life-span development and multi-disciplinary approach to the topic of human development. The course uses the perspective of bio-psycho-social-spiritual development as the basis for practice with individuals, families and groups. Human development and behavior will be viewed through the lens of cultural and anti-oppressive approaches to practice with some focus on Indigenous views of human development. An emphasis on the established norms for each life stage will provide a framework for students to understand the developmental challenges faced by those affected by FASD.

### **FASD103 – Brain and Behaviour (3 credits)**

#### **Prerequisites: FASD102**

This course is the foundation course on the study of the effects of prenatal exposure to alcohol on the brain and subsequent impact on development and behaviour. Students will be able to integrate knowledge of basic human brain structure and function with information on the effects of alcohol on the developing brain in order to formulate an in-depth understanding of the impact of prenatal alcohol exposure.

### **FASD104 – Cultural Perspectives in FASD (3 credits)**

#### **Prerequisites: FASD101, FASD102**

This course explores FASD from a cultural perspective, with a focus on Canadian Aboriginal cultures. FASD is viewed as a disorder that, while it affects all cultures, provides an emergent opportunity for the Indigenous peoples of Canada to create a unique and effective response.

### **FASD105 – Addictions (3 credits)**

This course will give students an understanding of substance misuse, abuse and compulsive addictive behaviour. It will broaden the students' perspective of addiction issues and further enhance and strengthen their ability to work with diverse populations. Course emphasis is on FASD.

### **FASD106 – Developmental and Learning Disabilities (3 credits)**

#### **Prerequisites: FASD102, FASD103**

This course explores developmental disabilities including those affecting motor, cognitive, speech, and sensory systems from a brain function perspective. Co-existing learning disabilities are studied with a view to remedial programming. The emphasis will be on understanding and recognizing disorders in these systems and how these disorders may impact people with prenatal alcohol exposure and other developmental disabilities.

### **FASD107 – Support Strategies (3 credits)**

**Corequisites: FASD109, Prerequisites: FASD101**

This course focuses on effective strategies for support and management of those persons impacted by FASD. Participants will learn how to develop and tailor these program strategies to meet the needs of children, adolescents, and adults impacted by FASD.

### **FASD108 – Prevention (3 credits)**

**Corequisites: FASD109, Prerequisites: FASD101**

This course will examine root causes of alcohol use during pregnancy to better understand prevention. A four level model of prevention will be explored as well as identifying barriers to each level. Prevention of secondary conditions is also briefly discussed. Examples of existing prevention strategies will be critically examined. Students will be able to share their insights through graded weekly discussions and written assignments. This course primarily focuses on FASD prevention in Canada though some course readings are from the U.S. and other countries.

### **FASD109 – Special Topics in FASD (3 credits)**

**Corequisites: FASD107, FASD108, Prerequisites: FASD101**

This course addresses the unique considerations of policies and ethics within the various systems impacted by FASD. A broad range of pertinent topics will be covered including brain and addictions research, clinical practice, service delivery models, and social policy.

### **FASD110 – Fundamentals and Professional Implications (3 credits)**

In this course, students gain a solid understanding of the unique complexities of FASD in the social service, education, justice, and health related disciplines. This knowledge will add depth and breadth to their understanding of individuals, families, and communities as impacted by FASD. Prevention and intervention strategies will be explored with a view to integrating these concepts further into professional practice.

### **FASD8112 – Capstone (4 credits)**

**Prerequisites: FASD101, FASD102, FASD103, FASD104, FASD105, FASD106, FASD107, FASD108, FASD109, FASD110**

This course integrates and reinforces concepts and methodologies introduced and explored throughout the program. There is an emphasis on consolidating skills and knowledge, demonstrating professionalism and engaging in reflective practice.

Learners will participate in weekly seminar discussions, submit workbook assignments/reflections and complete a capstone project that demonstrates skills, knowledge and professional awareness at the level expected of a graduating student.

## **PROGRAM DELIVERY METHOD:**

The FASD program is offered via Contact North. Sault College through its partnership with Contact North offers these courses using an “electronic classroom” at a specific time in a community with a Contact North centre. Courses are offered by audio conferencing, video conferencing and e-learning technologies that link the instructor and the students at various locations throughout Ontario. Visit [www.contactnorth.ca](http://www.contactnorth.ca) for a list of site locations.

## **PRIOR LEARNING AND EXPERIENCE**

There are a variety of methods used to evaluate prior learning and translate it into a college level credit.

- Direct Credit Transfer Process is used to transfer applicable credits received at other post-secondary institutions to Sault College.
- The Challenge Evaluation Process is a challenge test that is administered to demonstrate learning for credit in a specific course.
- The Portfolio Development Process is a collection of materials in which documented prior learning is used to request college credit.

If you require assessment of prior learning, please contact Lori Crosson at [lori.crosson@saultcollege.ca](mailto:lori.crosson@saultcollege.ca) or 705-759-2554 ext. 2442.

## **ACCESSIBILITY**

### **Accessibility Office (A0170)**

Sault College is committed to expanding its access and support to all persons with disabilities, by having as its goal a barrier-free learning and working environment to enable academic and employment success.

The Accessibility Services Office serves as the office responsible for accessibility administration and for guiding students through the self-identification and accommodations process.

Sault College Phone (705) 759-2554 Extensions 2703 OR access information online at <https://www.saultcollege.ca/Accessibility/index.asp>

### **Services:**

The Accessibility Services Office is the centralized point of activities related to students with disabilities. Disabilities include visual and hearing impairments, physical and mobility limitations, medical and mental health disorders as well as learning disabilities.

The Accessibility Services Office assists students with disabilities identify the appropriate accommodations. The entire college community works together to ensure students with disabilities are provided with the accommodations that each student requires.

The Office serves as a resource for faculty and staff who work with students with disabilities. Staff is available to answer questions, consult on problem situations, provide information, and support for accommodating students. By working together, we can ensure that students with disabilities have an equal opportunity to participate in all aspects of higher education.

## TEXTBOOK LIST

*Subject to change*

Upon confirmation of acceptance into the program, you will receive a full booklist on your student portal ([my.saultcollege.ca](http://my.saultcollege.ca)) for semester 1. Textbooks can be purchased through the Sault College Campus Shop at <https://www.bkstr.com/saultstore/home>.

**Note: Please do not mark, deface, or open sealed packages of any texts and/or supplies until you have confirmed these purchases with your individual instructors, otherwise material cannot be returned. All refunds or exchanges for Campus Shop material must be in mint condition and will require the original sales receipt. Refer to the refund/exchange policies posted in the Campus Shop for details.**

Course Name	Course Code	Textbook(s)
Overview of FASD	FASD8101	No textbook required.
Human Development	FASD8102	Belsky, J. <i>Experiencing the Lifespan</i> , fifth Edition. New York; NY: Worth Publishers 2018
Brain and Behaviour	FASD8103	Kolb, B., Whishaw, I.Q., & Teskey, G.C. <i>An Introduction to Brain and Behavior</i> , sixth edition. New York, NY: Worth Publishers 2019
Cultural Perspectives in FASD	FASD8104	1. Long, D.A., & Diskason, O.P. <i>Visions of the heart: issues involving Aboriginal peoples in Canada, fourth edition</i> . Don Mills, Ontario, Canada: Oxford University Press 2016.  2. Rogers, S., DeGagne, M., Dewar, J., & Lowry, G. <i>Speaking my truth: reflections on reconciliation &amp; residential school</i> . Aboriginal Healing Foundation 2010. (*note, the Campus Bookstore may not be able to carry this book and it may be required to order from another source)  3. Benton-Banai, E. <i>The Mishomis Book: The Voice of the Ojibway</i> . University of Minnesota Press. 2010.
Addictions	FASD8105	Herie, M. & Skinner, W.J. <i>Fundamentals of Addiction: A Practical Guide for Counsellors</i> . 4th Ed. Centre for Addiction and Mental Health.
Developmental and Learning Disabilities	FASD8106	Wehmeyer, M., Brown, I., Percy, M., Shogren, K., & Fung, W.L.A. <i>A comprehensive guide to intellectual and developmental disabilities</i> , second edition. Baltimore: Paul H. Brookes Publishing Co 2017.
Support Strategies	FASD8107	No textbook required.
Prevention	FASD8108	No textbook required.
Special Topics in FASD	FASD8109	No textbook required.
Professional Implications	FASD8110	Same textbook as FASD106
Capstone	FASD8112	No textbook required.

## SCHEDULE



### FALL 2020 FULL TIME INTAKE September 2020 – April 2021

FASD101	Overview	Saturday and Sunday	September 12, 13; September 26, 27 and October 17, 18	9am to 5pm (30 min lunch)/day; 15 hours per weekend
FASD102	Human Development	Wednesdays	September 9 to December 16	6pm to 9pm
FASD103	Brain and Behaviour	Thursdays	September 10 to December 17	6pm to 9pm
FASD104	Cultural Perspectives	Weekends	November 7, 8; November 27, 28; December 12, 13	9am to 5pm (30 min lunch)/day; 15 hours per weekend
FASD105	Addictions	Tuesdays	September 8 to December 15	6pm to 9pm
FASD106	Developmental and Learning Disabilities	Tuesdays	January 5 to April 20	6pm to 9pm
FASD107	Support Strategies	Wednesdays	January 6 to April 21	6pm to 9pm
FASD108	Prevention	Thursdays	January 7 to April 22	6pm to 9pm
FASD109	Special Topics	Weekend	January 8, 9; January 29, 30 and February 20, 21	9am to 5pm (30 min lunch)/day; 15 hours per weekend
FASD110	Professional Implications	Weekend	March 6, 7; March 27, 28 and April 16, 17	9am to 5pm (30 min lunch)/day; 15 hours per weekend
FASD112	Capstone	Independent	Online - D2L - Research and Knowledge Collection	various

To determine the location of a Contact North Centre in your community call: 1-877-999-9149 or visit the Contact North website at [www.contactnorth.ca](http://www.contactnorth.ca). There is also an option to attend courses from home (contact Carla Bumbaco at [carla.bumbaco@saultcollege.ca](mailto:carla.bumbaco@saultcollege.ca) for more details).

### APPLYING

Are you ready to be AMAZING in the Fetal Alcohol Spectrum Disorders field? Apply today for the online Fetal Alcohol Spectrum Disorders program (#3253) on [www.ontariocolleges.ca](http://www.ontariocolleges.ca). Please note there is a \$95 fee to apply to this program, however, you are eligible to receive a voucher to cover this cost. Please reach out to [carla.bumbaco@saultcollege.ca](mailto:carla.bumbaco@saultcollege.ca) or [natashaabotossaway@kenjgewinteg.ca](mailto:natashaabotossaway@kenjgewinteg.ca).